

G O L F

girls and boys

Contact: **Tony Phillips**

Located at Glynns Creek Golf Course
Prepare and tune-up for 2017-18 season includes
instruction with club professionals and coaching staff,
range balls and practice facility.
(Clubs are **not** provided.)

Varsity Golf Camp

Incoming 7th – 12th Grade

July 24th-28th, Monday-Friday at golf course
11:00 am – 12:30 pm

JV Golf Camp

Incoming 7th – 12th Grade

July 24th-28th Monday - Friday at golf course
9:00 am – 10:30 am

C R O S S C O U N T R Y

girls and boys

Contact: **Carrie Lane** Scott County Park
Focus will be to gain a good conditioning base prior to
the start of our competitive season. Emphasis will be
placed on core strength, injury prevention, team building
activities and proper nutrition.

Incoming 7th – 12th Graders
June 19th – July 28th

Monday, Wednesday and Friday- 7:00 - 8:30 am
Monday and Friday at the park and Wednesday at
Lancer Stadium track.

T-shirt incl. if registered by June 3rd, adult sizes only

**Check camps you would like to attend
and return**

this form with payment to:

**NORTH SCOTT ACTIVITIES OFFICE
200 S. 1ST STREET, ELDRIDGE, IA 52748**

Make checks payable to: NSHS

****You may also register on-line at**

<http://north-scott.k12.ia.us>

G I R L S / B O Y S T R A C K

Contact: **Troy Matthaides** North Scott Track

Hurdle Camp

July 11th-14th
Incoming 3rd-6th graders 10:30-11:30 am
Incoming 7th-12th graders 9:30-10:30 am

Long Jumpers Camp

July 11th-14th
Incoming 3rd-6th graders 11:30 am – 12:30 pm
Incoming 7th-12th graders 10:30-11:30 am

High Jumpers Camp

July 11th-14th
Incoming 3rd-6th graders 9:30-10:30 am
Incoming 7th-12th graders 11:30 am – 12:30 pm

Discus Throwers Camp

July 11th-14th
Incoming 7th-12th graders 10:30-11:30 am

Shot Putter Camp

July 11th-14th
Incoming 7th-12th graders 9:30-10:30 am

JR Lancer Track and Field Meet

Incoming K-6th - July 21st 5:00-8:00 p.m, 4:30 pm Reg.
T-Shirts incl. for all camps if reg. by June 30th

W R E S T L I N G

Contact: **Drew Kelly** HS Wrestling Room

Pinning Camp

College coaches and wrestlers will serve as clinicians.
Incoming 3rd – 12th Grade
12:00-2:00 pm
June 5th – 9th

T-shirt incl. if registered by May 29th, youth sizes available

**Girls and Boys Basketball Programs will be
having their summer camps through the Athletic
Boosters. They will be distributing their own
sign-up brochures.**

**Checks must be made out separately for the
basketball camps and made out to the NS
Athletic Boosters.**

**For basketball camps contact:
Boys Basketball, Dave McLaughlin at 210-4916,
dmclaughlin@netins.net**

Girls Basketball, T. J. Case at 370-5119

G O L F

Varsity Golf Camp

\$75.00 – Incoming 7th – 12th

JV Golf Camp

\$65.00 – Incoming 7th – 12th

W R E S T L I N G

"PINNING" CAMP

\$65.00 – Incoming 3RD – 12TH

C R O S S C O U N T R Y

Cross Country Camp

\$45.00 – Incoming 7TH – 12TH

S O C C E R

3RD – 7TH GIRLS CAMP

\$50.00 – Incoming 3rd – 7th

GIRLS HIGH SCHOOL CAMP

\$50.00 – Incoming 8th – 12th

3RD – 7TH BOYS CAMP

\$50.00 – Incoming 3rd – 7th

BOYS HIGH SCHOOL CAMP

\$50.00 – Incoming 8th – 12th

K I D S C A M P

KIDS' CAMP FOR TENNIS, SOCCER, TRACK

\$75.00 – Incoming 1st-5th

V O L L E Y B A L L

SKILLS CAMP

- \$45.00 – Incoming 4th – 5th
- \$45.00 – Incoming 6th
- \$75.00 – Incoming 7th
- \$75.00 – Incoming 8th
- \$80.00 – Incoming 9TH – 12TH

HIGH SCHOOL CAMP

\$20.00 – Incoming 9TH – 12TH

F O O T B A L L

FUNDAMENTALS CAMP

- \$35.00 – Incoming 2ND
- \$35.00 – Incoming 3RD – 4TH
- \$65.00 – Incoming 5TH – 8TH
- \$65.00 – Incoming 9TH – 12TH

YOUTH QB and RECEIVER DEVELOPMENT CAMP

\$40.00 – Incoming 5TH – 8TH

G I R L S / B O Y S T R A C K

HURDLE CAMP

\$25.00 – Incoming 3rd – 12th

LONG JUMPERS CAMP

\$25.00 – Incoming 3rd – 12th

HIGH JUMPERS CAMP

\$25.00 – Incoming 3rd – 12th

DISCUS THROWERS CAMP

\$25.00 – Incoming 7TH – 12th

SHOT PUTTERS CAMP

\$25.00 – Incoming 7TH – 12th

JR. LANCER TRACK AND FIELD MEET

\$30.00 – Incoming K-6th

SPORTS
CAMP
S



NAME _____

GRADE (2017-18) _____ AGE _____

ADDRESS _____

TELEPHONE _____

E-MAIL _____

FAMILY DOCTOR _____

FAMILY DOCTOR'S PHONE _____

OTHER SPECIAL MEDICAL INFORMATION:

MEDICAL WAIVER

We/I the parent(s)/guardian of the above student understand that the participation in any North Scott Sports Camp could result in injury of temporary or permanent type to my/our child. We/I give consent for coaches, trainers, and team physicians to use their own judgment in securing medical aid and ambulance service in case the parent/guardian cannot be reached. We/I also verify that my child is covered by health and accident insurance.

_____ PARENT/GUARDIAN _____ DATE

(Some camps offer T-shirts if registered early)
Please circle the correct t-shirt size

- | | | |
|--------------|--------------|-------|
| SMALL | MEDIUM | LARGE |
| X-LARGE | 2X-LARGE | |
| Youth Sizes: | YS YM YL YXL | |

FOOTBALL

Contact: **Kevin Tippel** North Scott High School
T-shirt included

Youth QB and Receiver Development Camp
Players will learn specific quarterback and receiver skills.
Incoming 5th-8th Grade
9:30 - 11:30 a.m.
June 13th - 15th

Youth Fundamentals Camp
Learn basic fundamentals of offense, defense & individual football positions
Incoming 2nd Grade
5:00-6:30 pm
August 7th - 8th
Incoming 3rd - 4th Grade
5:00-7:00 pm
August 9th - 10th
Incoming 5th - 8th Grade
5:00-7:00 pm
August 7th - 10th

High School Fundamentals Camp
Players will learn NORTH SCOTT offense and defense systems.
Incoming 9th - 12th Grade
3:30 pm - 6:30 pm
July 31st - August 4th

VOLLEYBALL

Contact: **Allie Schwiebert** High School Gyms

Skills Camp
Work on the fundamental skills of the game.
Incoming 4th - 5th Grade
June 19th-21st 2:30-4:00 pm
Incoming 6th Grade
June 19th-21st 12:30-2:00 pm
Incoming 7th Grade
June 19th-23rd 10:00-11:30 am
Incoming 8th Grade
June 19th-23rd 8:00-9:30 am for Everyone
10:30-11:30 am - Setters
1:00-2:00 pm DS
3:00-4:00 pm Hitters and Setters
T-shirt included if registered by June 8th

Incoming 9th - 12th Grade at the High School
August 2nd - 4th, 8:00-10:00 am
T-shirt included if registered by July 18th
High School Camp
Offensive and defensive systems & individual skill training
Incoming 9th - 12th Grade
June 5th - July 19th
8:00 - 10:00 am (Mon. and Wed.)

SOCCER

GIRLS SOCCER High School Soccer Field
Contact: **Dion Ayers**

Incoming 8th - 12th Grade
5:00-8:00 pm
June 27th-29th - Monday - Wednesday
Camp will be run by:
June 27th - St. Ambrose University
June 28th - Augustana College Women's Program
June 29th - Augustana College Men's Program
T-shirt included if registered by June 14th

North Scott staff, players and past Lancer players who are playing in college will instruct this camp
Incoming 2nd - 7th Grade
June 26th - 29th - Monday - Thursday
3:00-5:00 pm
T-shirt included if registered by June 12th

BOY SOCCER High School Soccer Field
Contact: **Michael Harrington**

Incoming 3rd - 7th Grade
4:30-6:00 p.m.
Incoming 8th - 12th Grade
6:30-8:15 p.m.
June 19th-22nd (Mon.-Thur.) 23rd is a rain date
T-shirt included if registered by **May 26th**

KIDS CAMP

Kids Tennis, Soccer, Track Camp
Contact: **Joe Greenwood, Mike Harrington, Todd Satterly**
This camp includes 3 sports (tennis, soccer and track). Athletes will work with high school coaches from each sport every day for about 45 minutes. The goal is to build sports minded kids. The change of pace from one sport to another is good for their age group and attention span. We will be using our great soccer, tennis and track complexes.

DROP OFF: VISITOR'S SIDE TICKET BOOTH AT LANCER STADIUM
PICK UP: TENNIS COURTS/SOCCER FIELD
RAIN - IF RAINING WE WILL BE INDOORS AT ED WHITE OR THE HIGH SCHOOL
Incoming 1st-5th 8:45 - 11:45 a.m.
June 12th-15th
T-shirt included if registered by June 1st