

North Scott Community School District



Elementary Safe Snack List

Items on this list are approved to be shared in classrooms for birthdays, holidays, or other special occasions. Only items on this list will be allowed in the classroom. If a snack is brought in and is not on this list, it will be sent home. Food must be store bought, brand specific as identified, and in the original packaging. Homemade treats are not allowed.

Not all items on this list are considered healthy.

Please check with the school nurse regarding specific allergies in your child's classroom.

Fruit	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Fresh, canned, cups, dried, squeezable, 100% fruit juice	X	X	X
Vegetables	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Fresh, canned	X	X	X
Dips & Salsa	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Vegetable Dip			
Hidden Valley Ranch	X	X	
Kraft Ranch	X	X	
Marzetti Dill Veggie Dip	X	X	
Marzetti's Old Fashioned Caramel Dip			
Regular, Light	X	X	
Salsa			
Tostitos, Taco Bell, Pace	X	X	X
Cheese	Peanut/Tree Nut Free	Gluten Free	Dairy Free
All varieties	X	X	
Yogurt	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Chobani Kids Greek Yogurt	X	X	
Danon			
Danimals, Greek Yogurt Cups	X	X	
Yoplait			
Go-Gurt, Trix Yogurt Cups	X	X	

Chips	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Baked Ruffles			
Original	X	X	
Cheddar & Sour Cream	X	X	
Baked Lays			
Original	X	X	
Sour Cream & Onion	X	X	
Baked Cheetos	X	X	
Cheetos Jumbo Puffs	X	X	
Pop Chips			
Sea Salt	X	X	
BBQ	X	X	
Sour Cream & Onion	X	X	
Tostitos			
Restaurant Style, Scoops, Oven Baked Scooped, Crispy Rounds, Multigrain Scoops, Bite Size	X	X	X
Popcorn	Peanut/Tree Nut Free	Gluten Free	Dairy Free
SkinnyPop Popcorn			
Original	X	X	X
Naturally Sweet	X	X	X
White Cheddar	X	X	X
Vic's Popcorn			
Gourmet White, original and lite	X	X	
Yellow Cheddar Cheese, original and lite	X	X	
White Cheddar	X	X	
Pirate's Booty Aged White Cheddar	X	X	
Pretzels	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Rold Gold			
Thin Pretzels	X		X
Pretzel Sticks	X		X
Pretzel Rods	X		X
Tiny Twists	X		X
Snack Factory			
Original Pretzel Crisps	X		X
Original Mini Pretzel Crisps	X		X
Gluten Free Original Pretzel Crisps	X	X	X
Gluten Free Mini Pretzel Crisps	X	X	X
Crackers	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Cheez-It			
Original, Whole Grain	X		

Crackers Continued	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Pepperidge Farms Goldfish			
Pretzels	X		
Cheddar, Baby Cheddar	X		
Whole Grain	X		
Colors	X		
Mix-Ups	X		
Parmesan	X		
Pizza	X		
Saltines	X		
Flavor Blasted Xplosive Pizza	X		
Flavor Blasted Xtra Cheddar	X		
Slammin' Sour Cream & Onion	X		
Nabisco Triscut			
Original, Reduced Fat	X		
Nabisco Wheat Thins			
Original, Reduced Fat, 100% Whole Grain	X		
Nabisco Grahams			
Original, Chocolate	X		
Nabisco Honey Maid Grahams			
Honey, Low Fat, Cinnamon, Low Fat Cinnamon	X		
Nabisco Teddy Grahams			
Honey, Cinnamon, Chocolate, Chocolate Chip, Mini	X		
Keebler Scooby-Doo Grahams			
Honey, Cinnamon	X		
Cookies	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Enjoy Life Cookies			
All varieties	X	X	X
Lofthouse Cookies			
All varieties	X		
Skeeter Nut Free Cookies			
All varieties	X		
Chips Ahoy			
Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini	X		
Barnum's Animal Crackers Original	X		
Oreos			
Original, Double Stuff	X		X
Rice Krispie Treats			
Original	X		
Fruit Snacks	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Betty Crocker – All Varieties	X	X	X
Kellogg's – All Varieties	X	X	X
Betty Crocker Fruit By The Foot, Fruit Roll-Ups	X	X	X

Fruit Snacks Continued	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Annie's Homegrown Organic Fruit Snacks	X	X	X
Welch's	X	X	X
Frozen Treats	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Nestle Outshine Fruit Bars All fruit flavors	X	X	X
Minute Maid Juice Bars	X	X	X
Candy	Peanut/Tree Nut Free	Gluten Free	Dairy Free
Charms Blow Pops, Mini Pops, Pops	X	X	
Tootsie Pops, Pop Drops	X	X	
Tootsie Rolls	X	X	
Dum Dum Pops	X	X	X
Life Savers Hard Candies, Gummies	X	X	X
Jolly Ranchers Hard Candy	X	X	X
Skittles – All Varieties	X	X	X
Smarties	X	X	X
Sour Patch Kids	X	X	X
Starburst Fruit Chews – All Varieties	X	X	X
Twizzlers	X		X
Hershey Chocolate Bars – 1.55 oz	X	X	
Hershey's Chocolate Kisses Regular, Special Dark	X	X	

IMPORTANT: Due to continual changes in manufacturer packaging, please read the ingredient label of all snacks, including those on this list, to ensure that it does not contain any of the following: peanut/tree nuts, peanut/nut butter, peanut oil, peanut/nut flour, peanut/nut meal, or any variety of the statements, "Contains peanuts," "May contain traces of peanuts/nuts," or "Manufactured in a facility or on equipment that also processes peanuts (and/or other nuts)."