

NSJH Information for Incoming 7th Grade Students and Caregivers

Welcome!

- [Welcome Letter from Student Services Team](#)

Required Medical Records

- Provide all required medical records to the school nurse.
- Required prior to the first day of school:
 - 7th grade students must have proof of having the Meningococcal and Tdap vaccines **prior to the first day of school**, unless the student has a Certificate of Immunization Exemption. The Certificate of Immunization Exemption form will be sent to the JH RN via your elementary RN if there is one on file.
- Required prior to the first day of extracurricular athletics practice:
 - Completed [Physical Form](#)
 - Completed [Concussion Form](#)

School Supplies

- Purchase school supplies listed on the [7th grade school supply list](#).
- If purchasing clothing, be sure to check out the [dress code](#) (also included in [NSJH Student Handbook](#))!

School Communication Resources and Information Sources

- Bookmark some important sites you'll use regularly at the JH.
 - [NSJH Communication Resources document \(rCalendar, Canvas, PowerSchool, School Website\)](#)

School Information, Rules, and Policies

- Take a look at the [NSJH Student Handbook](#) to familiarize yourself with some of our school rules and policies!
- The handbook also includes information on school hours, the daily schedule, library availability, attendance, Chromebooks, and more.

Classes at NSJH

- In early August, once your schedule becomes available in [PowerSchool](#), check it out!
- Here is the [7th grade course catalog](#) that explains more about the classes you will be taking.
- Use the [School Map](#) to see where your classes are!

Athletics

- In order to participate in JH athletics, a student must have a Physical and Concussion form on file with the school nurse before starting practice.

- Season 1 Start Dates:
 - Football: August 25
 - Volleyball: August 26
 - Cross Country: August 26
 - Cheerleading: TBA, late August/early September

Locker Information

- Check out this [Locker Frequently Asked Questions and Instructions document](#).
- You can also download the free app “School Lock” and practice on a phone!



Cafeteria: Breakfast/Lunch

- Coming soon! Video showing our school cafeteria
- Caregivers may deposit money to lunch accounts using [this site](#) (available on the North Scott District website - click the \$ icon in the upper right hand of the screen).
- Students can check their lunch balance using instructions in [this screencast](#).
- See the [student handbook](#) for detailed information about our cafeteria and meals available for purchase.

